

Toys 'n' Tucker is a wonderful way to share the joy of Christmas with people in need. Times are hard and uncertain. By giving a little extra, you can make a big difference!

## Wondering what to give?

### Food

Standard sizes are preferred to help fit everything in neatly.

- Christmas pudding
- Tinned ham or chunky soup (450g)
- Tinned salmon or tuna (415g)
- Tea (100pk)
- Coffee (100g)
- Packet of biscuits (no chocolate biscuits)
- Dried pasta (500g)
- Pasta sauce
- Long-life milk
- Long-life custard
- Tinned fruit and vegetables (425g)
- Jam (500g)

### Gift ideas

#### Pre-school

- Age-appropriate games
- Educational toys
- Picture books

#### Children



- Good-quality toys
- Outdoor games
- Sporting equipment

#### Teenagers

- Gift cards/vouchers
- Sporting equipment
- Toiletry packs

**Sadly we can't include chocolate as it's likely to melt.**

---

 Anglicare Sydney  
 anglicaresydney  
#toysntucker

