

# Share the Joy

Wondering  
what to give?

## Food

Standard sizes are preferred to help fit everything in neatly.

- Christmas pudding
- Tinned ham or chunky soup (450g)
- Tinned salmon or tuna (415g)
- Tea (100pk)
- Coffee (100g)
- Packet of biscuits (no chocolate biscuits)
- Dried pasta (500g)
- Pasta sauce
- Long-life milk
- Long-life custard
- Tinned fruit and vegetables (425g)
- Jam (500g)

Sadly we can't include chocolate as it's likely to melt.

Help us share the message of joy this Christmas by tagging your social media posts with **#toysntucker**

## Gift ideas

### Pre-school

- Age-appropriate games
- Educational toys
- Picture books

### Children

- Good-quality toys
- Outdoor games
- Sporting equipment

### Teenagers

- Gift cards/vouchers
- Sporting equipment
- Toiletry packs



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